

Faculty of Architecture**Department:** Architecture and Urbanism**Professional area:** Architecture, Civil Engineering and Geodesy**Major:** Architecture**Educational-and-qualification Degree:** Master**COURSE DESCRIPTION**

1. **Course unit title:** Psychology
2. **Course unit code:** PSY 2001
3. **Type of course unit:** elective
4. **Level of course unit:** Master
5. **Year of study:** first
6. **Semester when the course unit is delivered:** second
7. **Number of ECTS credits allocated:** 3
8. **Name of lecturer:** Assoc. Prof. Petar Neshev, PhD
9. **Learning outcomes of the course unit:** The course aims at discussing the administrative and clinical aspects when giving psychological aid during disasters. Special attention is paid to the approach and the techniques of managing stress and prevention of long lasting unfavorable effects on affected and on people performing rescue activities during natural calamities, industrial accidents and man-caused disasters.
10. **Mode of delivery:** face-to-face
11. **Prerequisites and co-requisites:** basic knowledge in psychology from high school.
12. **Course contents:** Nature of psychology, mental condition of personality; attention and attentiveness; habits, one's skills and habits, activities, abilities, capabilities, quickness in mind, independence, stress, temperament, disposition and purposefulness.
13. **Recommended or required reading:**
 - Йолов Г. Бедствия и масова психика. С., Военно издателство, 1989.
 - МКБ 10. Поведенчески и психични разстройства. С. Фондация по невронауки. 1992.
 - Панчев Н. Съвременни предизвикателства за безопасността и здравето на човека/тероризъм/. Безопасност и здраве при работа, 2003, №9, 33-52; №10, 64- 82.
 - Байчинска К.К. Ценности и стрес. С., БАН 1994г.
 - Темков И., Попов Хр. Стрес и криза на личността. С., Медицина и физкултура. 1987г.
14. **Planned learning activities and teaching methods:** lectures, discussions and contact hours
15. **Assessment methods and criteria:** written examination
16. **Language of instruction:** Bulgarian
17. **Work placement(s):** none