

Faculty of International Economics and Administration
Department: Administration, Management and Political Science
Professional area: Administration and Management
Major: Business Administration and Management – International Business Management
Educational-and-qualification Degree: Bachelor

COURSE DESCRIPTION

1. Course unit title: Sports
2. Course unit code: SPO 1007
3. Type of course unit: compulsory
4. Level of course unit: Bachelor
5. Year of study: first – fourth
6. Semester: first – seventh
7. Number of ECTS credits allocated: 8
8. Name of lecturer: Sports section
9. Learning outcomes of the course unit: The course aims to provide students with specialized training to obtain, improve and maintain practical skills and theoretical knowledge of sport in its professional and applied aspects.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: Students need to be fit and maintain good motor activity.
12. Course contents: The course aims at developing and improving the main motor qualities – strength, speed, endurance, agility and flexibility.
13. Recommended or required reading:
 - [unclear] . ISBN 978-954-400-583-2, .212, [unclear] , [unclear] ., 2011
 - [unclear] . ISBN 978-954-21-0544-2, .343, [unclear] , [unclear] ., 2011
 - [unclear] ” [unclear] ” , ISBN 978-954-323-625-1, .140, [unclear] ., 2010
 - [unclear] . ISBN 954-9782-59X, [unclear] , [unclear] , 2003
 - [unclear] ., [unclear] ., “ [unclear] ”, ISBN 954-91179-3-6, [unclear] , 2005
14. Planned learning activities and teaching methods: practical seminars
15. Assessment methods and criteria: Assessment takes place in the form of final examination where the level of acquired skills and theoretical knowledge of sport in its professional and applied aspects is evaluated. Students are allowed to sit the final examination provided they have at least 75% seminar attendance during the whole course of training. 8 credit points are allocated for passing the exam.
16. Language of instruction: Bulgarian
17. Work placement: None