

**Faculty of Law**  
**Department: Psychology**  
**Professional Area: Psychology**  
**Major: Psychology**  
**Educational-and-qualification Degree: Master**

#### COURSE DESCRIPTION

1. Course unit title: Psychology of Development
2. Course unit code: PSY3026
3. Type of course unit: compulsory
4. Level of course unit: Master
5. Year of study: first
6. Semester: second
7. Number of ECTS credits allocated: 6
8. Name of lecturer: Prof. Dr. Hayganush Silgidzhiyan
9. Learning outcomes of the course unit: to build up in students category terms apparatus and competence to describe, explain and predict universal regularities as well as interindividual differences in normal human development through life span development.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: students are required to have successfully done the courses 'Introduction to Psychology', 'History of Psychology', 'Cognitive Psychology' and 'Psychology of Personality'.
12. Course contents: the course acquaints students with theoretical, conceptual, empirical and applied aspects of psychology of development during the whole human life; with methodology and applied methods for verification of research hypotheses; development of well balanced beliefs and convictions of aging change in men and women which they render together with losses and psychological resources for personal growth at later stages of the road of life, etc.
13. Recommended or required reading:

А н а н ь е в, Б. Г. (2010) Человек как предмет познания, Санкт-Петербург, Изд. "Питер"  
В о з р а с т н а я и педагогическая психология. Хрестоматия (2005), М Академия, сост. И. В. Дубровина  
В и г о т с к и, Л. С. Избрани психологически произведения. Псидо .София, 2005  
Г е р ч е в а-Несторова, Г. Т. Личност и Общуване, Изд. Албатрос, 2010  
Г р а д е в, Д. Стигма и личностна биография. Изд. "Изток-Запад", 2010  
Г а м и л ь т о н, Ян-Стюард, Психология старения, 5-ое международное изд. Изд. "Питер". Санкт Петербург. 2006  
К р а й г, Г. и Бокум Дон Психология развития. Серия "Мастера психологии". 9-ое международное издание. Изд. "Питер". Санкт-Петербург. 2005  
М е р д ж а н о в, Ч., Можем ли да живеем по-дълго, София, 2007  
П и а ж е, Ж. Избранные психологические труды. Психология интеллекта.Логика и психология, Изд. Просвещение, Москва, 1992  
С е л ь ч е н о к, К. В. Психология возрастных кризисов: Хрестоматия. Харвест. 2000  
С и л г и д ж и я н, Х.(1998) Аз-концепция и психосоциална идентичност. Жизненият преход към зрелостта. Унив. изд.  
С и л г и д ж и я н, Х., Хуманистична традиция в изследването на жизнения път на личността/Ш.Бюлер/.Годишник на СУ "Св.Кл.Охридски", Книга психология.Том.100, 2009 г.

С и л г и д ж и я н, Х. (2012), Защо е необходимо ново дефиниране на психичното здраве?: Приносът на позитивната психология на здравето, сп. Клинична и консултативна психология, кн. 2, Варна,

В а л т е с, Р ., В., Singer, Т. (2001) Plasticity and the Aging Mind. An Exemplar of the Biocultural Orchestration of Brain and Behaviour. *Interdisciplinary Journal* ,9,59-76

Berk, L. (2006) *Development through the LIFE –SPAIN* (5 nd ed.) Needham Heights, MA :Allyn & Bacon

В е р г е р , К. (2007), *St. The Developing Person through the LIFE SPAN*, 6 ed. Worth Publishers

G o u l d, R. (1978) *Transformations: growth and change in adult life*. New York. Simon and Schuster.

L e v i n s o n, D. et al. (1978) *The seasons of man's life*. New York: Ballantine.

L e v i n s o n, D., and Levinson, J. (1997) *The seasons of woman's life*. Ballantine Books.

Lerner, R., Easterbrooks, An., Misstry, J., Volume 6 . *Developmental psychology . Handbook of Psychology*, Irving B. Weirner. Editor in Chief, John Wiley & Sons, Inc, 2003

S t a u d i n g e r , U. M. and Linderberger, U( Eds.) (2005) *Understanding human development : Dialogue with Lifespan psychology*. Dordrecht Netherlands; Kluwer

15. Assessment methods and criteria: The assessment is formed by the following components: 30% by participation in the course activities (commitment and thoroughness), 70% by presenting a course assignment. The assessment criteria are: scientific competency demonstration (including approach and language), thoroughness and apprehension of acquired knowledge, knowledge integration into personal interpretations.  
Each student gets individual information about the assessment motives.

16. Language of instruction: Bulgarian, English

17. Work placement: none