

Faculty of Law
Department: Psychology
Professional Area: 3.2 Psychology
Major: Psychology, MP “Psychological Counselling”
Educational-and-qualification Degree: Master

COURSE DESCRIPTION

1. Course unit title: Global Stress and Counselling
2. Course unit code: PSY 3029
3. Type of course unit: optional
4. Level of course unit: Master
5. Year of study: first
6. Semester: second
7. Number of ECTS credits allocated: 3
8. Name of lecturer: Prof. Anna Nedyalkova, D.Sc.
9. Learning outcomes of the course unit: The objective of the tuition is the formation of basic knowledge, skills in psychosocial parameters of economic crises; comparative analyses of contemporary research on the processes of globalization.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: Knowledge in the field of "Psychodiagnostics", "Projective Methods and Expertise," "Psychological Counseling in Life Cycles".
12. Course contents (annotation): The course aims at presenting the contemporary achievements in the field of economic and social crises analysis. The processes of globalization and their impact on the individual.
13. Recommended and/ or required reading:
 1. Недялкова А., Бауман З., Филипов Д., Глобализъм, регионализъм и антиглобализъм, изд. “Албатрос”, София 2005.
 2. Недялкова А., Глобализация на икономиката и развитието, Модул 2 - Същност на глобализацията, Унив.изд., Варна, 2004.
 3. Недялкова А., Глобализация на икономиката и развитието, Модул 3 - Глобализацията – противоречия, тенденции и перспективи, Унив.изд., Варна, 2004.
 4. Недялкова А., Глобализация на икономиката и развитието, Модул 4 – България – глобализацията и европейската интеграция, Унив.изд., Варна, 2004.
 5. Недялкова А., Глобализацията – нищо фатално, Унив.изд., Варна, 2002.
14. Planned learning activities and teaching methods: Lectures – 30 hours.
15. Assessment methods and criteria: Preparation of a course assignment, which assesses whether the students have properly acquired the basic skills for accounting psycho-economic environmental factors and the occurrence of stress.
16. Language of instruction: Bulgarian.