

Faculty of Law
Department: Psychology
Professional area: Psychology
Major: Psychological Counselling
Educational-and-qualification degree: Master

COURSE DESCRIPTION

1. Course unit title: Psychological Counselling in Life Cycles
2. Course unit code: PSY 3043
3. Type of course unit: compulsory
4. Level of course unit: Master
5. Year of study: first
6. Semester: second
7. Number of ECTS credits allocated: 3
8. Name of lecturer: Prof. D.Sc. Vanya Matanova, PhD
9. Learning outcomes of the course unit: The course aims at acquiring basic knowledge and skills for evaluation of the disorders in the personality development in the separate life cycles of the individual, the specialized evaluations of the types of suicide, aggression and deviant behaviour. Problems of the psychological counseling in the life cycles.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: The course is a part of the main structure of the Master's Degree Programme and directly interrelates with the main course units: "Personality Psychodiagnostic and Expertise", "Psychosomatics", "Psychopathology and Psychic Disorders".
12. Course contents: The main aim of the course is to equip the Master students with systematic knowledge of specialized psychological tests for evaluation of the disorders of attachment and personality development in the separate life cycles. To build knowledge and skills to conduct an interview, to structure tasks for counseling and skills for specialized techniques of psychological counseling.
13. Recommended and/ or required reading:
 1. Божинова Д. - Въведение в консултативната психология, "Феня", С., 2001
 2. Глэддинг С. Психологическое консультирование. – СПб.: Питер, 2002.
 3. Ериксон Е. – Идентичност, младост и криза, С., "Наука и изкуство", 1996
 3. Карвасарский Б.Д. - Медицинская психология, Л., "Медицина" 1982
 - 4 . Психиатрия, психология и психотерапия, под редак. Николкова С., Маринов П., Изд. Къща Горекс Прес, 2009
 5. Матанова В. – Психология на аномалното развитие, "Немезида", С., 2003
 6. Коттлер Дж., Браун Р. Психотерапевтическое консультирование. СПб.: Питер, 2001.
 7. Кочюнас Р. Основы психологического консультирования. М., 1999.
 8. Меновщиков В.Ю. Психологическое консультирование: работа с кризисными и проблемными ситуациями. – М.: Смысл, 2002.
 9. Нельсон-Джоунс Р. Теория и практика консультирования. – СПб.: Питер, 2000.
14. Planned learning activities and teaching methods: Multimedia means and techniques are used during the course of study.

15. Assessment methods and criteria: Coursework agreed with the lecturer and oral defence before a group including questions by the lecturer and the other students. The assessment is based on the systematic specialized knowledge of the student and the understanding of the skills of the counseling psychologist to the specific topic. The final assessment is the average of two assessments: written coursework and oral defence before a group.

16. Language of instruction: Bulgarian

17. Work placement: Group work on the description and simulation of cases in various life cycles and behavioral problems; analysis of the disorders in the various psychic spheres and the approaches to psychological counseling.