

**Faculty of Law****Department:** Psychology**Professional Area:** Psychology**Major:** Psychology – Psychological Counselling**Educational-and-qualification Degree:** Master**COURSE DESCRIPTION**

1. Course unit title: Communicative skills in Psychological Counselling
2. Course unit code: PSY 3049
3. Type of course unit: compulsory
4. Level of course unit: Master
5. Year of study: first
6. Semester: first
7. Number of ECTS credits allocated: 4.5
8. Name of lecturer: Prof. Galya Gercheva, D.Sc.
9. Learning outcomes of the course unit: Acquired specialized knowledge of the psychological objective laws of interpersonal communications; understanding the tasks of a counselling psychologist; acquired basic communicative skills, necessary for the effectiveness of psychological counselling.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: Basic knowledge in the field of Counselling Psychology.
12. Course contents: Analysis of the basic communicative dispositions of personality, unraveling the nature of the professional diagnostics of communicative skills - unraveling positive communicative skills and the presence of deficits, obtaining knowledge and skills for coping strategies, aimed at overcoming communicative deficits, formation of knowledge and skills for communication in conflict situations, for structuring counselling tasks and skills for specialized techniques of conflict-solving in the process of psychological counselling.
13. Recommended and/or required reading:

Б о ж и н о в а Д. - Въведение в консултативната психология, “Феня”, С., 2001.

Г е р ч е в а-Несторова, Г.Т. Комуникативно безпокойство. Изд. „ Албатрос”, С., 2009.

Г е р ч е в а-Несторова, Г.Т. Личност и общуване. Изд. „ Албатрос”, С., 2010.

Г е р ч е в а-Несторова, Г.Т. Психология в управлението – комуникативен разрез. Унив. Изд. ВСУ „ Черноризец Храбър”, Варна 2004.

Х а д ж и й с к и, М. Психологическо консултиране. Изд. „ Фабер”, Велико Търново, 2010.

G a r t a s e v, S. I. (2006) One world: Teaching Tolerance and Participation. IDEBATE Press, NY.

М с С r o s k e y, J. C. ( 1997) Willingness to communicate, communication apprehension, and self-perceived communication competence: Conceptualizations and Perspectives. In Daly, J. A. Et al. Avoiding communication: Shyness, Reticence & Communication APPREHENSION. Cresskill, NJ, Hampton Press, p. 75-108.
14. Planned learning activities and teaching methods: During the studies lectures, discussions and training sessions are used.
15. Assessment methods and criteria: The final grade is the average of the grades in 15.1 and 15.2:
  - 15.1. Continuous semester assessment:
    - active participation in lectures – composing and giving a presentation, presenting a case study;

-participation in seminars (stating a personal view in at least three of them) and commitment in training sessions;

15.2. Written semester examination – a test comprising questions from the lecture material and the seminars. The test is successfully passed if more than 50% of the tasks are done.

16. Language of instruction: Bulgarian

17. Work placement: Participation in the training sessions.