

Faculty of Law
Department: Psychology
Professional area: Psychology
Major: Psychological Counselling
Educational-and-qualification degree: Master

COURSE DESCRIPTION

1. Course unit title: Psychosomatics
2. Course unit code: PSY 3057
3. Type of course unit: compulsory
4. Level of course unit: Master
5. Year of study: first
6. Semester: first
7. Number of ECTS credits allocated: 3
8. Name of lecturer: Assoc. Prof. Rinaldo Savov Shishkov, PhD
9. Learning outcomes of the course unit: Acquired knowledge, skills, competencies:
The aim of the course is the Master students to acquire the basic knowledge and skills related to the main interrelations between body and psyche, to the psychogenous components in cases of bodily disorders and the somatic disturbances in cases of functional disorders.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: The course is fundamental in the structure of the Master's Degree Programme and provides basic theoretical specialized knowledge about the psychosomatic interrelation, models of psychosomatic predisposition and approaches towards counseling in cases of psychosomatic disorders.
12. Course contents: The main task of the course of study is to provide systematic knowledge and methods for psychodiagnostic assessment of the models of personal predisposition for psychosomatic interrelation.
13. Recommended and/ or required reading:
 1. Нацов П., Петкова П., Психологични реакции в отговор на соматични болести, В: Психиатрия и соматична медицина, С.,”ГорексПрес, 2002, 121-133
 2. Практическа психосоматична медицина, под редак. на Вл. Иванов, С., “Знание” ЕООД, 1999
 3. Песешкиян Н., Психосоматика и позитивна психотерапия, Варна, ЛиК, 2003
 4. Психиатрия и соматична медицина, под редакцията на Ц. Цонив, И. Нацов, “ГорексПрес”, С., 2002
 5. Психиатрия, психология и психотерапия, под редак. Николкова С., Маринов П., Изд. Къща Горекс Прес, 2009
 6. Психосоматическите заболявания, под редак. Ю. Ю. Елисеев, М., 2003
 7. Цонев Ц., Нацов И., Петкова П. – Методи на лечение в клиничната психиатрия и тяхната ефективност, В: Психиатрия и соматична медицина, С.,”ГорексПрес, 2002, 147-164
14. Planned learning activities and teaching methods: Multimedia means and techniques are used during the course of study.

15. Assessment methods and criteria: Written and oral examination. The final assessment is the average of the assessment of written and oral examination.

16. Language of instruction: Bulgarian

17. Work placement: Discussion on presented cases based on medical documentation.