

Faculty of Law
Department: Psychology
Professional area: Psychology
Major: Psychological Counselling
Educational-and-qualification degree: Master

COURSE DESCRIPTION

1. Course unit title: Family Counselling
2. Course unit code: PSY 3085
3. Type of course unit: elective
4. Level of course unit: Master
5. Year of study: first
6. Semester: first
7. Number of ECTS credits allocated: 1.5
8. Name of lecturer: Assoc. Prof. Daniela Karagyaurova, PhD
9. Learning outcomes of the course unit: Master students should *be acquainted* with the modern approaches to the definition of family and its functioning and the nature of a model to work with families (problem-oriented); *to develop skills* at applying various methods for their study; to build *competences* for interaction with other families.
10. Mode of delivery: face-to-face.
11. Prerequisites and co-requisites: The course presupposes groundwork in “Social Psychology”, “Psychodiagnostics”, “Approaches and Trends in Psychological Counseling”.
12. Course contents: The course presents fundamental approaches to understanding the family as social organization, as an emotional community and natural environment for its members. An important aspect in acquiring a variety of methods for family study and developing a systematic view of the interrelations that take place in family. Introduction to an applied model of working with family, with the aim to provide support in the process of solving problems, equips the Master students with the opportunity to enter the practice with specific skills.
13. Recommended and/ or required reading:

Карагяурова, Д. (2010). Приложна психология и социална практика. 2010, Стено, Варна
Шнейдер, Л.Б. (2006). Семейная психология: Учебное пособие для вузов, М. "Академический Проект"

Bryan Strong, B.; DeVault, C.; Cohen, T. F. (2010). The Marriage and Family Experience: Intimate Relationships in a Changing Society (11th Edition). Wadsworth Publishing

Dallos, R.; Draper, R. (2010). An Introduction to Family Therapy. Open University Press

Day, Randal D. (2010). Introduction to Family Processes, 5th ed, Routledge

Patterson, J.E.; Williams, L.; Edwards, T. M.; Grauf-Grounds, C.; Chamow, L. (2009). Essential Skills in Family Therapy: From the First Interview to Termination. 2nd ed, The Guilford Press

Taibbi, R. (2009). Doing Couple Therapy: Craft and Creativity in Work with Intimate Partners. The Guilford Press

William M. Pinsof & Jay L. Lebow (Eds.) (2005). Family Psychology: The Art of the Science Oxford University Press

14. Planned learning activities and teaching methods: lectures, group discussions, case studies.

15. Assessment methods and criteria: The assessment is based on two components: 30% participation in the group discussions - making comments on problems and case study and 70 % reflect the quality of the performance of a project assignment. The course assignment is related to the skill of the Master students to apply the acquired knowledge into practice. The Master students receive information about the requirements in the beginning of the course and the motivation for the respective assessment when submitting the course assignment.

16. Language of instruction: Bulgarian

17. Work placement: simulated practice in solving cases.