

Faculty of Law
Department: Psychology
Professional Area: Psychology
Major: Psychology – Psychological Counselling
Educational-and-qualification Degree: Master

COURSE DESCRIPTION

1. Course unit title: Practice
2. Course unit code: PSY 3242
3. Type of course unit: compulsory
4. Level of course unit: Master
5. Year of study: first
6. Semester: second
7. Number of ECTS credits allocated: 3
8. Name of lecturer: Ass. Prof. Pavlina Petkova, PhD
9. Learning outcomes of the course unit:
The aim of the course is to provide the Master students with practical knowledge and basic skills for psychodiagnostic assessments with tests of cognitive processes and personality, to conduct a diagnostic interview and develop wording for the potential, the deficits of personality, the behavioural disorders and the strategies for counseling. To develop skills to apply basic techniques in counseling from the group of relaxing, responding and reconstructing.
10. Mode of delivery: face-to-face
11. Prerequisites and co-requisites: knowledge in the sphere of „Psychodiagnostics”, „Projective Techniques and Expertise”, „Psychological Counseling in Life Cycles ”, „Approaches and Trends in Counseling ”, „Psychosomatics ”.
12. Course contents: The course aims to present practical modern achievements in the field of psychological counseling. Psychological knowledge and skills developed in the Master students enable them to understand better and more completely the connection between practice and academic knowledge. The students develop skills to analyze in-depth the specific experience and to apply it in the relations between the counseling psychologist and his/her clients.
13. Recommended and/ or required reading: (updating the main and supplementary literature on the discipline with publications from the last 5 years):
Попов Хр., Посттравматичен стрес, “Лик”, С., 2003
Попов Г. – Обща психопатология, „Стено”, В., 2010
П. Петкова - Консултиране при терминални заболявания и загуба при смърт на близък човек. Съобщаване на лоша новина в медицинската практика, В: Психиатрия, психология и психотерапия за общопрактикуващи лекари, под ред. д-р С. Николкова, дм, д-р П. Маринов, Университетско издателство по медицина, София, 2002, 273-286
П. Петкова, С. Николкова, П. Маринов – Хронична болка, В: Психиатрия, психология и психотерапия за общопрактикуващи лекари, под ред. д-р С. Николкова, дм, д-р П. Маринов, Университетско издателство по медицина, София, 2002, 297-309
Петкова П., Н. Цонева, Д. Видева, Г. Кирилов – Реконструирани и реинтегрирани на позитивния опит и функционални вярвания в когнитивно-поведенческата психотерапия, Сп. “Когнитивно-поведенческа психотерапия”, София, 2009, 1, 44 – 48
14. Planned learning activities and teaching methods: 30 lecture hours.
15. Assessment methods and criteria: (detailed description of the methods and assessment criteria as well as opportunities to inform the Master students about the motives of the evaluation, including current assessment). It is assessed whether the Master students have acquired correctly the basic skills for psychodiagnostics and counseling for neurotic and personality disorders, behavioural disorders and crisis intervention.
16. Language of instruction: Bulgarian.